The COAH Chronicle

Volume I, Issue 15 (June 21, 2024)

The COAH Chronicle aims to bring you the Center’s latest news and highlights, upcoming seminars, events, and meetings; recent publications from our faculty and fellows; and aging-related research funding opportunities.

Center Highlights
The Center is pleased to announce that the Spring 2024 COAH Champion honor is our Core Faculty member Dr. Amal A. Wanigatunga, Assistant Professor with the Department of Epidemiology at the Bloomberg School of Public Health (BSPH). Dr. Wanigatunga’s research focuses on: physical activity and sedentary behavior; technology; wearables; aging; disability; and dementia. Also, he is a key contributor at BSPH’s ENGAGE Lab, which aims to understand changes in physical activity and energy expenditure with aging.

Read About COAH Champ Dr. Wanigatunga

NHATS on the Hill!
Core COAH Faculty Jennifer Schrack (right) and Maureen Skehan (left) presented on the National Health and Aging Trends Study (NHATS) at the Capitol Hill Life Sciences Fair on June 10th to help demonstrate the importance of federally funded research.

In Case You Missed It!

COAH Faculty members and colleagues are featured in a new series of articles on Aging in America in the Spring/Summer 2024 edition of the Hopkins Bloomberg Public Health Magazine.
News & Announcements

New Book on Frailty Assessment, Management and Prevention Features Contributions from COAH Team Members


- **Chapter 17: Frailty Measure Development, Selection, and Implications** by Karen Bandeen-Roche
- **Chapter 50: Social Determinants of Physical Frailty** by Brian Buta, Erica Twardzik, Laura Samuel, Thomas Cudjoe, Anthony L. Teano, Jackie Langdon, Roland J. Thorpe, Jeremy Walston, Qian-Li Xue

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Visit “Aging in America” Collection

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Updates on Renovations at COAH!

We continue to see great progress on renovations in the COAH suite. Stay tuned for updates on a more colorful Center!

Happenings
Register by today, 6/21

RCCN WORKSHOP
NUTRITION AND AGING BIOLOGY
June 25-26, 2024
San Francisco, CA & Virtual
Featuring sessions on Caloric Restriction's Effect on Lifespan and Healthspan, Intake Timing, Treating Obesity in Older Adults, and Other Approaches and Considerations.

Register by today, 6/21

13th Annual Mosaic Initiative Lectureship in Geriatric Medicine and Gerontology
Unforgettable: The Power of Community and Partnership in the Pursuit of Health Equity for Alzheimer's and other Dementia
Thursday, June 27 • 4 – 5 P.M.
Johns Hopkins Asthma & Allergy Building
Norman Library, Room 2B.65 or via Zoom at: hopkins.org/mosaic
Presented by
Carl V. Hill, Ph.D., MPH
Chief Diversity, Equity and Inclusion Officer for the Alzheimer's Association

No R.S.V.P. required. | This event is sponsored by the Geriatrics Mosaic Initiative Workgroup.

Join Zoom Meeting (when in progress)
LGBTQIA+ HEALTH EQUITY

Sibley Senior Association

Thursday, June 27
7 to 8 p.m. | via Zoom

In honor of Pride month, on the eve of the 55 anniversary of the Stonewall uprising riots, Anthony L. Teano, MLA, will discuss health equity and social determinants of health. We will learn about the top health risks for LGBTQIA+ people and discover what we can all do to advance LGBTQIA+ health equity.

All are welcome.

Anthony “Tony” Teano is a communications specialist with several aging programs at the Johns Hopkins School of Medicine including: the Alzheimer’s Disease Research Center, the Center on Aging & Health (COAH), Frailty Science, the Division of Geriatric Medicine & Gerontology and the U.S. Deprescribing Research Network.

In 2022, Tony sought and won a competitive Diversity Innovation Grant to create a training program for geriatricians to become more culturally competent with LGBTQ+ aging issues. He worked with the Center for Innovative Medicine and supported initiatives for Medicine for the Greater Good (MGG), where he began advocating for advancing LGBTQ+ health. Tony serves as a member of the university-wide Diversity Leadership Council and is a 2021 recipient of the School of Medicine’s Pride Achiever’s award.

Register at https://smh.memberclicks.net/lgbtqiahealthequityssa2024
pnunez3@jhmi.edu or call 202-364-7602 before June 26.
Upcoming Talks & Meetings
COAH Scientific Seminars & Meetings:

- **EBA Presentations & Epi of Aging Journal Club:**
  - Thanks for a great academic year! We'll see you for the fall!

- **Research Working Groups:**
  - Most working group meetings are on a summer hiatus. To learn more about our current groups, please visit our website here.

- **Scientific Seminars:**
  - Thanks for a great year of exciting presentations, most recently by Dr. Mark Dredze! We'll see you in the fall for our 2024-2025 seminar series.

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Division of Geriatric Medicine & Gerontology:

- **Grand Rounds**
  - Every **Thursday 4:00pm - 5:00pm** Norman Library
    Asthma & Allergy Center, Room 2B.65
  - 6/27: Mosaic Lecture (see above)

For more information, contact [Teresa Sponaugle](mailto:teresa.sponaugle@coah.edu).

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Publications
Fresh from COAH Faculty and Fellows:


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**Funding Opportunities**
A number of funding opportunities are available from the American Federation for Aging Research.

Learn More

Want us to consider something for The COAH Chronicle?

Submit News
Follow us on X (formerly Twitter): @jhu_coah

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COAH was established in 1997 as a center of excellence for aging research at the Johns Hopkins Medical Institutions. Our mission is to optimize the health and well-being of older adults through innovative research, leadership, education, and service that meet the needs and goals of a diverse aging population.

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