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**JOHNS HOPKINS**  
CENTER *on* AGING & HEALTH

# The COAH Chronicle

**Volume I, Issue 5 (December 15, 2023)**

The COAH Chronicle aims to bring you the Center's latest: news and highlights; upcoming seminars, events, and meetings; recent publications from our faculty and fellows; and aging-related research funding opportunities.

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**Want us to consider something for The COAH Chronicle?**

[Submit News](#)

# Center Highlight



## Research Highlight: Perceived Fatigability, Fatigue, And Mortality In Mid-To-Late Life In The Baltimore Longitudinal Study Of Aging

COAH Core Faculty Amal A. Wanigatunga, PhD, MPH (Assistant Professor of Epidemiology, Aging Track with the Bloomberg School of Public Health (BSPH)) teamed up with fourth-year PhD candidate and COAH trainee Francesca R. Marino, BS, to study Perceived Fatigability, Fatigue, and Mortality in Mid-to-Late Life using data from the Baltimore Longitudinal Study of Aging; their paper was recently

accepted by *Medicine & Science in Sports & Exercise* and published online ahead of print.

[Read the blog](#)

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# News & Announcements

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## Congratulations!

Congratulations to EBA trainee **Grant Schumock** on the successful defense of his thesis:

*“Addressing Statistical Issues in Aging: Dynamical Systems Modeling and Estimating Age-Related Declines”*

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# Dr. Nothelle On NPR About Private-Care

COAH Associate Faculty Dr. Stephanie Nothelle was recently interviewed by NPR about private-care for older adults. Highly-effective, but very costly, these professionals are therefore inherently inequitable. Dr. Nothelle said, "I find that sometimes the people who would really benefit the most, because they have so much going on in their lives, are the people who can't afford it."



[Listen here](#)

## Upcoming Talks & Meetings

### COAH Scientific Seminars & Meetings

- **Epi & Biostats of Aging Research-in-Progress:**  
1/22, 3:30pm - 4:30pm  
Fangyu Liu  
"Mid-life etiology and prevention of late-life frailty."

SPH Room E6519

- **Scientific Seminar:**

2/5, 3:30pm - 5:00pm

Karen Fredriksen-Goldsen, PhD

Title TBA

Powe Room, 1-500Q, or via Zoom

Visit [COAH Events](#) or email [Monique Lee](#) for more information, such as Zoom links if you are unable to join us in-person.

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## Division of Geriatric Medicine & Gerontology Grand Rounds

- Every Thursday 4:00pm - 5:00pm Norman Library  
Asthma & Allergy Center, Room 2B.65
  - 12/21, Dr. Pilla
  - 1/4, Dr. Fountain
  - **1/11, Dr. Ahmed**
  - 1/18, Dr. Hedian
  - **1/25, Dr. Schrack**

For more information, contact [Teresa Sponaugle](#).

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## COAH Research Working Groups

*(Groups meet in the COAH Large Conference Room, unless otherwise noted)*

- **Biostatistics and Research Design**  
2nd Wednesday of each month  
11:00am – 12:00pm
- **Cognitive and Sensory Functions**  
3rd Monday of each month  
11:00am – 12:00pm
- **ENGAGE (Energy, Activity and Aging) Research Lab**  
Every other Thursday – Hybrid  
12:15pm – 1:15pm
- **Family and Social Resources**  
4th Tuesday of each month via Zoom  
8:30am – 9:30am
- **Frailty and Multisystem Dysregulation**  
2nd & 4th Wednesdays of each month - Zoom  
9:00am – 10:00am
- **International Approaches to Aging**  
3rd Wednesday of each month – Hybrid  
11:00am – 12:00pm
- **Medicare Claims and EHR Analyses**  
4th Wednesday of each month – Hybrid  
3:00pm – 4:00pm

Visit [Research Working Groups](#) for descriptions and faculty contact information.

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# Publications

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## Fresh from COAH Faculty and Fellows

- **Dougherty RJ, Wanigatunga AA, An Y, Tian Q, Simonsick EM, Albert MS, Resnick SM, Schrack JA.** *Walking energetics and white matter hyperintensities in mid-to-late adulthood.* *Alzheimers Dement (Amst).* 2023 Nov 14;15(4):e12501. doi: 10.1002/dad2.12501. eCollection 2023 Oct-Dec.
- Hladek MD, Wilson DH, Shofner S, **Gross AL, Buta B, Bandeen-Roche K, Schoenborn N.** *Resilient Adaptation Strategies: Unveiling Older Adults' Coping Dynamics Amidst the COVID-19 Pandemic.* *J Gerontol Nurs.* 2023 Dec;49(12):32-39. doi: 10.3928/00989134-20231108-04. Epub 2023 Dec 1.
- **Nothelle S, Slade E, Zhou J, Magidson PD, Chotrani T, Prichett L, Amjad H, Szanton S, Boyd CM, Wolff JL.** *Emergency Department Length of Stay for Older Adults With Dementia.* *Ann Emerg Med.* 2023 Dec 6:S0196-0644(23)01276-3. doi: 10.1016/j.annemergmed.2023.09.022. Online ahead of print.
- **Szanton SL, Alexander KA, Kim B, Li Q, Gee GC, Bandeen-Roche KJ, Adkins-Jackson PB, Hladek MD, Samuel LJ, Haozous EA, Okoye SM, Crews DC, Thorpe RJ Jr.** *Life Space and Activity Space Measurement: Making 'Room' for Structural Racism.* *Gerontologist.* 2023 Nov 28:gnad160. doi: 10.1093/geront/gnad160. Online ahead of print.
- **Twardzik E, Schrack JA, Freedman VA, Reed NS, Ehrlich JR, Martinez-Amezcu P.** *An Incomplete Model of Disability: Discrepancies Between Performance-Based and Self-Reported Measures of Functioning.* *J Gerontol A Biol Sci Med Sci.* 2023 Dec 10:glad271. doi: 10.1093/gerona/glad271. Online ahead of print.

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# Funding Opportunities

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## **The Johns Hopkins Alzheimer's Disease Resource Center for Minority Aging Research (JHAD-RCMAR) Request for Pilot Research Proposals**

JHAD-RCMAR funds are available to encourage innovative research focused on basic, clinical, psychosocial, or health service aspects of minority aging, Alzheimer's disease or related disorders (ADRD), and health disparities.

The overarching goal of the JHAD-RCMAR is to prepare the next generation of underrepresented minority researchers. However, the application is open to all individuals interested in the conduct of Alzheimer-related research that is culturally relevant and has the potential to bridge research from discovery to implementation in ADRD minority aging.

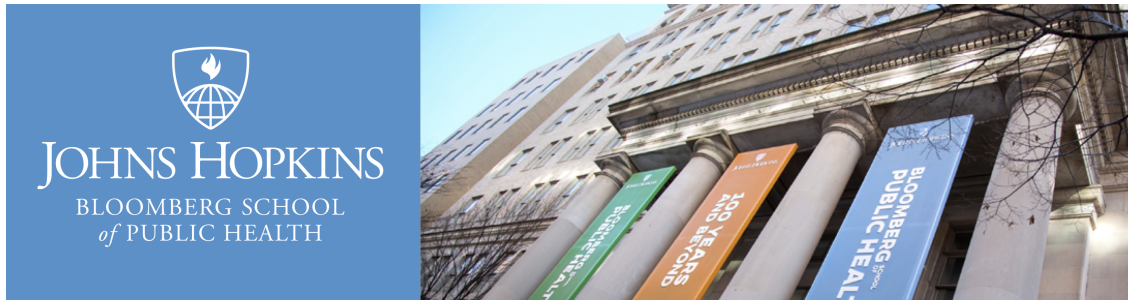
Investigators awarded pilot research funds through this mechanism will become JHAD-RCMAR Scientists and will receive additional career development support through the JHAD-RCMAR.

- Funds available: \$30,000 (direct costs), plus F&A for each pilot. Each pilot project is expected to last one year.
- Due Date: February 1, 2024, by 5pm
- Start Date: July 1, 2024

For eligibility requirements and the application process, please [email](#) the RCMAR or visit their [website](#).

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## Epidemiology and Biostatistics of Aging (EBA) Training Program Seeks Postdoctoral Fellows

The Johns Hopkins Bloomberg School of Public Health's EBA Training Program has available postdoctoral openings in the 2023-24 and 2024-25 academic years. There are two slots:

Slot 1 must be filled by no later than 4/30/24. Applicants who would like to be considered for this opening should submit their applications as soon as possible.

Slot 2 will be available to start 5/1/2024 or after; the due date for this slot is 1/15/24. Interviews for this slot will commence shortly after this date, and applications will be received on a rolling basis until the position is filled.

Please note: This program is funded by the National Institute on Aging. Candidates must have US citizenship or permanent residence status to be eligible. We are strongly supportive of applicants from diverse backgrounds; individuals from historically underrepresented populations are encouraged to apply.

Please contact Brian Buta with any questions, and visit the EBA Training Program's website for more information.



# Applications are open for the T32 Training Program in Health Service & Outcomes Research for Aging Populations!

"It is clear that everyone who is a part of the T32 genuinely supports each other and is willing to offer help and advice.  
This was the perfect year"

*From the T32 Training Program trainee feedback survey*

The Health Services and Outcomes Research for Aging Populations T32 Training Program at Johns Hopkins University seeks to produce the next generation of scientists with rigorous training in person and family-centered health services and outcomes research with a focus on older adults. A call for post-doctoral fellows to begin before August 1, 2024 is available [here](#).

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**JOHNS HOPKINS**  
BLOOMBERG SCHOOL  
of PUBLIC HEALTH

Hopkins Economics of  
Alzheimer's Disease  
& Services Center

## Hopkins' Economics of Alzheimer's Disease & Services (HEADS) Center Call for 2024-25 Pilot Project Proposals

The 2024-25 HEADS pilot award cycle is open! Several \$25,000 grant awards are available, with additional funding possible. The HEADS Center seeks promising post-doctoral fellows and junior faculty, but applicants may be of any rank from Johns Hopkins University as well as from external institutions. Minorities and people with disabilities encouraged to apply. Optional letter of intent is due 1/2/24, and the full proposal is due 2/2/24.

[See RFA](#)JOHNS HOPKINS  
UNIVERSITY

RESEARCH

## Catalyst & Discovery Awards

The [Johns Hopkins University Catalyst Awards](#) are for early-career faculty across the university who are undertaking exceptional research or creative endeavors. The awards of up to \$75,000 will help these individuals launch their promising careers during the crucial years when startup funds are depleted and external funding or other support may be elusive. They are available to faculty members appointed to a full-time tenure-track or tenure-track equivalent faculty position within no less than three years and no more than 10 years of July 1, 2024.

The [Johns Hopkins University Discovery Awards](#) focus on cross-university, faculty-led research and discovery. We aim for these awards of up to \$100,000 to spark new interactions among faculty from across the university. Faculty teams use these funds to get started while they seek an externally funded large-scale grant or cooperative agreement.

The application deadline for both programs is midnight on Thursday, Feb. 15.

[Learn more](#)

# Season's Greetings

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**Wishing everyone a very  
happy and safe holiday season!**



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COAH was established in 1997 as a center of excellence for aging research at the Johns Hopkins Medical Institutions. Our mission is to optimize the health and well-being of older adults through innovative research, leadership, education, and service that meet the needs and goals of a diverse aging population.

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