

Worksheet: Who Cares? Family Caregiving Experiences of our Healthcare Providers

Johns Hopkins Center on Aging & Health (COAH)

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Project Title: Johns Hopkins University Survey of Caregiving Resources: Faculty Awareness and Access

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Primary question: “Are you currently providing care on an on-going basis to any family member, friend, or neighbor with a chronic illness or disability? This would include any kind of regular help with basic activities such as dressing, bathing, grooming this person, preparing meals, managing bills, arranging for or helping to coordinate medical care, managing medications, watching or supervising this person, or providing transportation.” Secondary question: “How much of a mental or emotional strain is it on you to provide this care?” Tertiary questions: Are you aware of this (Hopkins resource[s] & external resource[s]), have you used it in the past, currently, or anticipate using it, and rate your satisfaction.

1. Adults age 55+ comprise _____ % of the U.S. population.
2. Average age of faculty in the SOM at Hopkins is _____ and faculty age 55+ comprise _____% of all faculty.
3. The average 65-year old in the U.S. is expected to live _____ more years (women); and _____ for men.
4. As populations age and live longer, what will inevitable rise? _____ needs.
5. Lower fertility rates have reduced the number of available caregivers. True or False?

Breakout discussion #1 notes:

6. Of the 1,053 DOM faculty members invited, _____ completed the survey (response rate = _____%).
7. Among the survey respondents, 76 (_____%) were current caregivers and 16 (_____%) were recent CGs.
8. Among current caregivers, _____% were caring for parents/parents-in-law and _____% for spouses.
9. Among the 117 non-caregivers (56%), _____% reported that they wanted to be CGs, but they don't have enough time.
10. More than half (58%) of survey respondents reported current, past, or desired caregiving. True or False?
11. The average age of survey respondent current *and recent* caregivers is _____.
12. Gender differences in caregiving are diminishing. True or False? _____ % of men reported current CG.
13. My parents/family members most likely needing care live 5 minutes or less from me. True or False?
14. There is no strain associated with child care. True or False?

Breakout discussion #2 notes:

15. Most caregivers report no strain. True or False? Current CGs: _____ % no strain; _____ some; _____ a lot.

Notes about group discussion on institutional and community resources

What I will do next:

References

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