



My Plan  
Paper/Symposium

Presentation by Johns Hopkins researchers

Wednesday, November 10

12:30 PM – 2:00 PM EST	Sleep and Health in Older Adults: New Research From Early-Career Investigators
2:30 PM – 4:00 PM EST	Embodying the Aging Experience: How Virtual Reality Is Transforming Medical and Nursing Education 📍
2:30 PM – 4:00 PM EST	Pre-Statistical Harmonization of Behavioral Instruments Across Eight Surveys and Trials 📍
2:30 PM – 4:00 PM EST	Unpacking Data From Adult Day Centers in Order to Realize Their Untapped Potential in Dementia Care 📍
4:30 PM – 6:00 PM EST	CAPABLE Program Improves Disability in Research and Implementation Settings 📍
4:30 PM – 6:00 PM EST	Caring for a Family Member Living With Dementia When Adult Day Services Close 📍
4:30 PM – 6:00 PM EST	Implications of the COVID-19 Pandemic on Adult Day Services 📍
4:30 PM – 6:00 PM EST	Neuropsychiatric Symptoms and Hearing Loss in Dementia: Unmet Need and Opportunity for Intervention 📍
4:30 PM – 6:00 PM EST	Opportunities to Impact Disability: Trends, Costs, and Evidence-Based Interventions 📍
4:30 PM – 6:00 PM EST	Sensory Health and Dementia Care: Understanding and Addressing Unmet Needs in ADRD 📍
4:30 PM – 6:00 PM EST	The Impact of COVID-19 on Adult Day Services' Closures and Programming 📍

Thursday, November 11

10:00 AM – 11:30 AM EST	Aging in Place: Social Connectedness and the Health of Older Subsidized Housing Residents 📍
10:00 AM – 11:30 AM EST	Hearing and Vision Impairment in Older Adults: Implications for Cognitive, Mental, and Brain Health 📍
10:00 AM – 11:30 AM EST	Hearing Loss and Preventable Hospitalizations 📍
2:00 PM – 3:30 PM EST	ESPO and Academy for Gerontology in Higher Education Section Symposium: A New Normal in Teaching? Incorporating Unconventional and Creative Ideas Into Gerontology Curriculum 📍
2:00 PM – 3:30 PM EST	Factors and Functions Associated With Health and Well-Being Among Older Adults: Evidence From NHATS 📍
2:00 PM – 3:30 PM EST	Favorite Activity and Implications for Cognition, Mental Health, and Function in Persons With and Without Dementia 📍
2:00 PM – 3:30 PM EST	Hearing Loss and Neuropsychiatric Symptoms in Persons With Dementia at the End of Life 📍
2:00 PM – 3:30 PM EST	Longitudinal Association Between Perceived Fatigability and Brain Volumes in Community-Dwelling Older Adults 📍
2:00 PM – 3:30 PM EST	Perceived Physical Fatigability: A Prognostic Marker of Biological, Organ System, and Brain Aging 📍
2:00 PM – 3:30 PM EST	Support From a Distance: How Home Care Agencies Influence Paid Caregiving in the Home 📍
5:00 PM – 6:30 PM EST	Systems Barriers to Medication Management During Hospital to Home

Transitions of Older Adults With Dementia

Friday, November 12

10:00 AM – 11:30 AM EST	Innovation During Disruption: Supporting What Matters Most to Older Adults Through Person-Environment Fit <b>!</b>
10:00 AM – 11:30 AM EST	Presidential Symposium: Disruption to Transformation of Communities of Care: Key Issues and Opportunities in Health Sciences <b>!</b>
12:00 PM – 1:30 PM EST	Duration of Family Caregiving and Its Effects on Inflammation in the Caregiving Transitions Study <b>!</b>
12:00 PM – 1:30 PM EST	Novel Applications of Accelerometry Data for Health Outcomes in Older Adults: Thinking Beyond MVPA <b>!</b>
12:00 PM – 1:30 PM EST	Policy Series/ESPO and Social Research, Policy, and Practice Section Symposium: It's a Practice, Not an End State: Centering Equity in Gerontological Research and Policy <b>!</b>
12:00 PM – 1:30 PM EST	Staff Perspectives on Lessons Learned From an Interdisciplinary Memory Care Coordination Program <b>!</b>
4:00 PM – 5:30 PM EST	Presidential Symposium: Stories of Struggle and Resilience: Expert Interdisciplinary Reflections of the Past Year <b>!</b>
4:00 PM – 5:30 PM EST	Results of Optimize: A Cluster Randomized Trial of Patient, Family, and Provider Education in Primary Care <b>!</b>
4:00 PM – 5:30 PM EST	Social Connections: Transformative Experiences Amid Disruptive Times <b>!</b>

Saturday, November 13

10:00 AM – 11:30 AM EST	AgingPLUS: A Randomized Trial to Increase Physical Activity in Middle-Aged and Older Adults <b>!</b>
10:00 AM – 11:30 AM EST	Alzheimer's Alphabet Soup: ADRD research in NHATS and NSOC <b>!</b>
10:00 AM – 11:30 AM EST	Contribution of Sensory Function to Preclinical Indicators of Physical and Cognitive Functioning With Aging <b>!</b>
10:00 AM – 11:30 AM EST	Early Retirement and Sensory Impairments: The Modifying Effect of Total Assets <b>!</b>
10:00 AM – 11:30 AM EST	Emerging Biotechnology Markers of Cognitive Impairment <b>!</b>
10:00 AM – 11:30 AM EST	Measurement Disparities in Frailty Among Kidney Transplant Patients: Impact of Differential Item Functioning <b>!</b>
10:00 AM – 11:30 AM EST	Motor and Sensory Function as Predictors of MCI and Dementia in the Baltimore Longitudinal Study of Aging (BLSA) <b>!</b>
10:00 AM – 11:30 AM EST	Predictors of Falls in Older Adults With and Without Dementia <b>!</b>
10:00 AM – 11:30 AM EST	Prevalence of Concurrent Functional Vision and Hearing Impairment and Its Association with Dementia <b>!</b>
10:00 AM – 11:30 AM EST	Smartwatch Technology for Physical Activity in Older Adults: A Qualitative Study <b>!</b>
10:00 AM – 11:30 AM EST	The Impact of Low Back Pain and Physical Activity on Mental and Physical Health Outcomes in Older Adults With Arthritis <b>!</b>
10:00 AM – 11:30 AM EST	The Many Faces of Elevated TSH: When to Avoid Thyroid Hormone Therapy in Older Adults <b>!</b>
10:00 AM – 11:30 AM EST	The Rational Use of Hormone Replacement Therapy in Older Adults <b>!</b>
10:00 AM – 11:30 AM EST	Working while Caring for Older Adults with Hearing Impairment and Dementia: Evidence from the NSOC <b>!</b>
2:00 PM – 3:30 PM EST	Aging in the Community <b>!</b>
2:00 PM – 3:30 PM EST	Community Engagement and Human-Centered Design: Lessons From HEARS in Inclusive Recruitment of Older Adults <b>!</b>
2:00 PM – 3:30 PM EST	Cultural Adaptations to Recruitment Strategies and Community-Based Interventions for Dementia Caregivers <b>!</b>
2:00 PM – 3:30 PM EST	Examining the Combined Estimated Effects of Hearing Impairment and

	<b>Depression on Cognitive Decline and Dementia</b> 📌
2:00 PM – 3:30 PM EST	Factors Associated With Deficient Housing Among Community-Living Older Adults in the United States 📌
2:00 PM – 3:30 PM EST	Recruitment and Retention in Diverse Cohorts: Lessons From Community-Engaged Efforts 📌
2:00 PM – 3:30 PM EST	The Use of Critical Race Theory to Inform Culturally Adapted Recruitment Strategies for Community-Based Research 📌
4:00 PM – 5:30 PM EST	Characterization of a Mouse Model of Inducible Frailty: The Humanized IL-6 Mouse 📌
4:00 PM – 5:30 PM EST	My Faith Gives Me Strength: Black Churches Supporting Dementia Care Partners 📌
4:00 PM – 5:30 PM EST	Pain Among African American Family Caregivers: Association With Health Outcomes 📌
4:00 PM – 5:30 PM EST	The M. Powell Lawton Award Lecture: The Person-Environment Fit Framework, Older Adults, and Technology Interactions 📌
4:00 PM – 5:30 PM EST	Transcending Inequities in Dementia Care in Black Communities: Lessons From the MIND Care Coordination Program 📌
4:00 PM – 5:30 PM EST	Transplant Centers That Measure Frailty as Part of Clinical Practice Have Better Outcomes 📌
4:00 PM – 5:30 PM EST	Virtual Interdisciplinary Collaboration in Statewide Implementation of the MIND at Home Dementia Care Program 📌
6:00 PM – 7:30 PM EST	COVID-19 and Psychosocial Changes: Results From the National Health and Aging Trends Study (NHATS) 📌
6:00 PM – 7:30 PM EST	Financial Changes and Health During COVID-19 in the National Health and Aging Trends Study 📌

## **Additional Highlights**

### **M. Powell Lawton Award, 11/13 at 4pm (EST)**

Dr. David L. Roth, Professor of Medicine in the Division of Geriatric Medicine and Gerontology and Director of the Johns Hopkins Center on Aging and Health (COAH), will receive the M. Powell Lawton Award at the Gerontological Society of America (GSA) Annual Scientific Meeting, which will be held online this year from November 10th to 13th. The award presentation will be on Saturday, November 13, 2021 starting at 4pm, and it will be followed by a lecture from last year's recipient, Dr. Sara Czaja, who leads the Center on Aging and Behavioral Research at Weill Cornell Medicine; following GSA tradition, Dr. Roth will deliver the M. Powell Lawton lecture next year. To register for the GSA's virtual Annual Scientific Meeting, click [here](#).

### **Pre-conference Workshop: Moving Frailty into Clinical Practice, 11/10 at 10am (EST)**

The assessment of frailty can help to identify older adults at highest risk of adverse health outcomes and those in need of targeted interventions. Despite its potential to modify practice patterns to better protect frail adults, frailty screening and clinical implementation strategies have not been broadly implemented in clinical settings in the US. This session is designed for clinicians and researchers interested in integrating frailty into their clinical practice and research.

This workshop will provide insights based on rigorous research and clinical experiences into core topics important to the field. This will start with a state-of-art overview of the conceptualization and definitions of frailty followed by a session that describes progress-to-date in implementing frailty assessment into a wide variety of primary care and subspecialty settings.

Breakout sessions will then be available for participants to meet with clinical and research frailty experts. The goal of this session is to help individuals think through the best ways to integrate frailty in research and clinical work. Finally, a summary session will be held to discuss gaps identified in prior sessions and ways to bring clinically relevant, evidence-based studies of frailty measurement into a wide-variety of settings and a discussion of how best to use frailty for potential intervention development.

Please join frailty experts, including Drs. Jeremy Walston, Karen Bandeen-Roche, Qian-Li Xue, Abdulla Damluji, Megan Huisingh-Scheetz, Mara McAdams-DeMarco, Susan Gearhart, and others, for this exciting workshop. You can please register [here](#).